



MÉINDES BBP – H@W Corinna 18H–19H
20.7 / 27.7 / 3.8 / 10.8 / 17.8 / 24.8

MÉINDES Yoga – Coralie 19H30–20H30
20.7 / 27.7 / 3.8 / 10.8 / 17.8 / 24.8

DENSCHDES Functional Training – Mariana 9H15–10H15
21.7 / 28.7 / 4.8 / 11.8

DENSCHDES Renforcement du dos – Marinela 12H20–13h20
21.7 / 28.7 / 4.8 / 11.8 / 18.8 / 25.8

METTWOCHS Coach's choice– Mariana 9H15–10H15
22.7 / 29.7 / 5.8 / 12.8

METTWOCHS TRX – H@W Freud 18H–19H
22.7 / 29.7 / 5.8 / 12.8 / 19.8 / 26.8

DONNESCHDES Perfect Sculpt /Fatburner – H@W 9H–10H
16.7 / 23.7 / 30.7/6.8 / 13.8 / 20.8 / 27.8

DONNESCHDES Pilates – Romy + Mariana 12H15–13h15
16.7 / 23.7 / 30.7/ 6.8 / 13.8

DONNESCHDES Zumba – H@W Malou 18h–19h
16.7 / 23.7 / 30.7/ 6.8 / 13.8 / 20.8 / 27.8

FREIDES Body Sculpt – Mariana 10h–11h
17.7 / 24.7 / 31.7/7.8 / 14.8



SUMMER KUEREN



Schnupperkuer - 15€

10er Kaart 120€

